



“十四五”职业教育国家规划教材  
(中等职业学校公共基础课程教材)

基础模块

# 英语

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# 1

学生用书



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# Scope and Sequence

Unit	Listening & Speaking	Reading & Writing
<b>Welcome Unit</b> p1-p8 <b>Let's Speak English!</b>	Greeting and self-introduction; Weather report	Numbers; Different jobs; Dates and times
<b>1</b> p9-p18 <b>School Is Interesting</b>	New school; School subjects	An email about school life; Posters for school clubs ○ A poster
<b>2</b> p19-p28 <b>We Are Friends</b>	Making friends; Solving problems between friends	Getting along with friends; Circles of friends ○ Friendship rules
<b>3</b> p29-p38 <b>Sports Are Good for You</b>	Various sports activities; Exercise plans	National fitness trend; A student's fitness plan ○ A fitness plan
<b>4</b> p39-p48 <b>How Can I Get There?</b>	Asking for and giving directions; Subway routes	Development of transport; Opinions about vehicle sharing ○ Pros and cons
<b>Task Unit 1</b> p49-p52		
<b>5</b> p53-p62 <b>We Have Only One Earth!</b>	Environmentally friendly activities; How to protect the earth	A leaflet on the 3Rs; Environmental protection slogans ○ A signboard
<b>6</b> p63-p72 <b>Not Just Tasty!</b>	Choosing a restaurant; Ordering food	Food and culture; A recipe for <i>zongzi</i> ○ A recipe
<b>7</b> p73-p82 <b>When Disaster Strikes</b>	Preparing for a typhoon; Volunteer work in disasters	Working with nature; Safety rules for earthquakes ○ A survival guide
<b>8</b> p83-p92 <b>Enjoy the Festivals</b>	Some festival customs; The origins of some Chinese festivals	New Year's Eve; Different ways to celebrate festivals ○ A holiday plan
<b>Task Unit 2</b> p93-p96		
<b>Appendices</b> p97-p144 <b>International Phonetic Alphabet</b> p98	<b>Grammar in Use</b> p99-p120	

注：带有○符号的部分为写作任务。

# 5

U N I T

## We Have Only One Earth!

**You'll be able to:**

1. describe environmentally friendly activities;
2. talk about how to protect the earth;
3. design a signboard.

**Look at the picture and discuss:**

1. What do we get from the earth?
2. What can we do to help protect the earth?







## Warming up

1 Listen and match. 听录音，将下列词语与图片匹配。



use public transport



use cloth bags

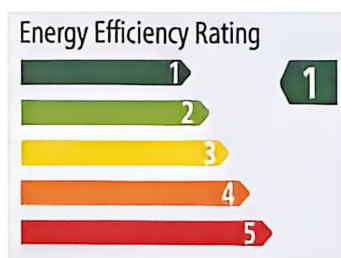


turn off the light after use

plant trees



2 Look and discuss. 看图，讨论下列标志的意思。





## 1 Listen and choose. 听录音，选出对话的主题。

☐ How to use a computer

☐ How to save energy

## 2 Listen again and complete. 再听录音，了解日常环保行为，填写下图。

Zhou Bo: I've joined the Earth Protection Project at school.

Wu Lin: What's it about?

Zhou Bo: It calls on people to change their daily habits to protect the earth.

Wu Lin: For example?

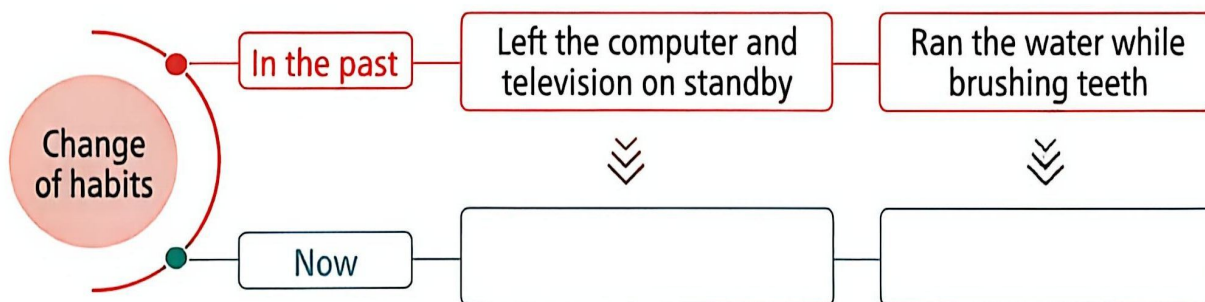
Zhou Bo: I used to leave my computer and television on standby when I slept.

Wu Lin: Oh, that's really a waste of energy.

Zhou Bo: Now I turn them off as soon as I finish using them.

Wu Lin: Good for you. I used to run the water while brushing my teeth, but now I turn it off.

Zhou Bo: You are right. Every small action is of great help.



## 3 Work in pairs. 两人一组，根据提示分享并讨论环保的生活方式。

use plastic bags	sort refuse	eat takeaways
eat at the school canteen	drop litter	use cloth bags

Dos

✔

Don'ts

✘

### Tip

leave... on standby, 是指将机器保持待机状态。在待机状态下，电器还是耗电的，同学们在生活中也要多注意哦。



**4** 🎧 **Listen and complete.** 听录音，了解空气治理举措，填写下图。



表示现在正在进行的动作和发生的事情，用现在进行时。

**Grammar in use**

Wu Lin: I coughed a lot this time last year, but it's been much better this year.

Zhou Bo: Sure. There are more blue-sky days this year. Things are improving.

Wu Lin: The government is working hard to cut down pollution all over the country, in pursuit of sustainable development.

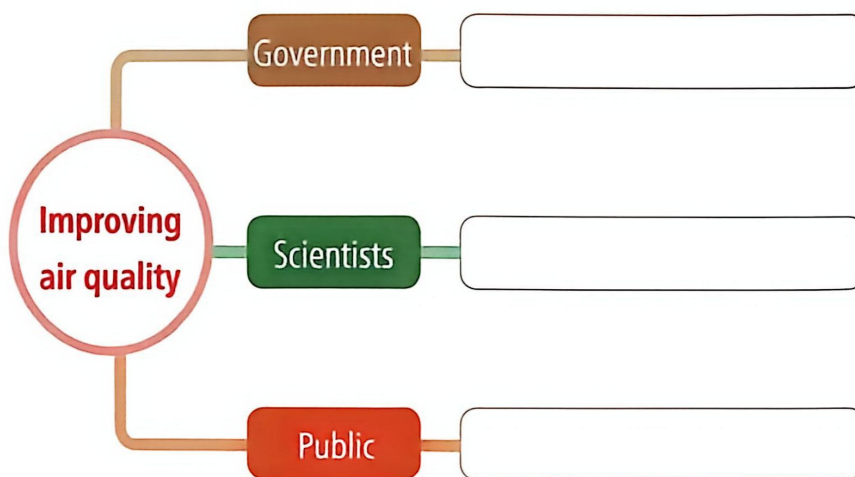
Zhou Bo: Well, look at all the eco-friendly products. Electric cars, for example. Scientists are working on new products all the time!

Wu Lin: But we shouldn't just wait for others to solve these problems. Everyone should get involved in improving air quality.

Zhou Bo: Couldn't agree more.

**Tip**

sustainable development: 可持续发展。



**5** **Discuss and share.** 讨论并分享其他改善空气质量的举措。

plant trees



## 1 Read and answer. 读下面关于 3R 原则的宣传页，回答问题。

1. What's the leaflet about?
2. Do you know how to deal with waste?
3. Could you give some examples of how to deal with waste?

According to statistics, people produce on average about 1.5 kilos of waste every day. How can we deal with it? The 3Rs can help us.



Reducing unnecessary use is a way to protect the environment. Look at the piles of takeaways and express packages. Do we really need so much packaging?



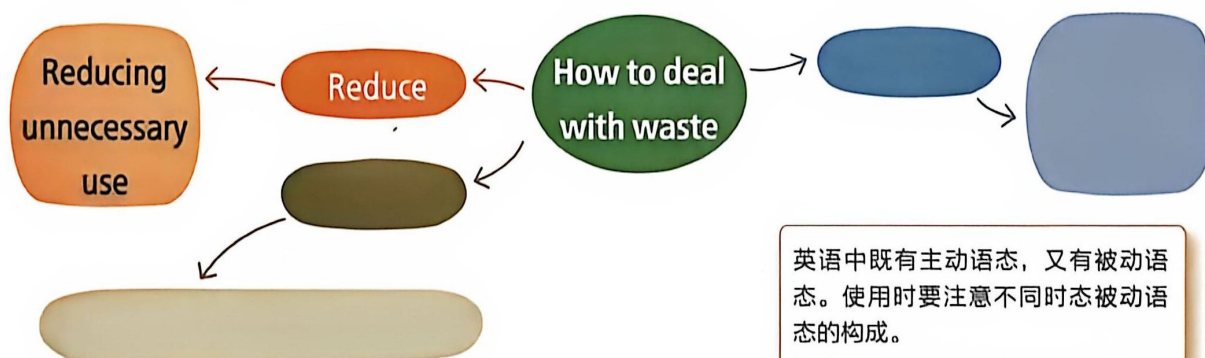
There is no real waste in the world, just wrongly placed resources. Have you ever been to a flea market? Use your imagination to bring new life to some "waste".



Some waste can be converted into new products, so sort it carefully. Your outdated mobile phones, old magazines... Don't throw them away randomly. Take them to recycling sites. They will gain new value.

Look around. What can be reduced, reused or recycled in our daily life? Everyone can do something to help protect the environment. Form environmentally friendly habits and live a happy and healthy life, not only for ourselves, but also for the earth.

## 2 Read again and complete. 再读上文，完成下图。



英语中既有主动语态，又有被动语态。使用时要注意不同时态被动语态的构成。

### Grammar in use

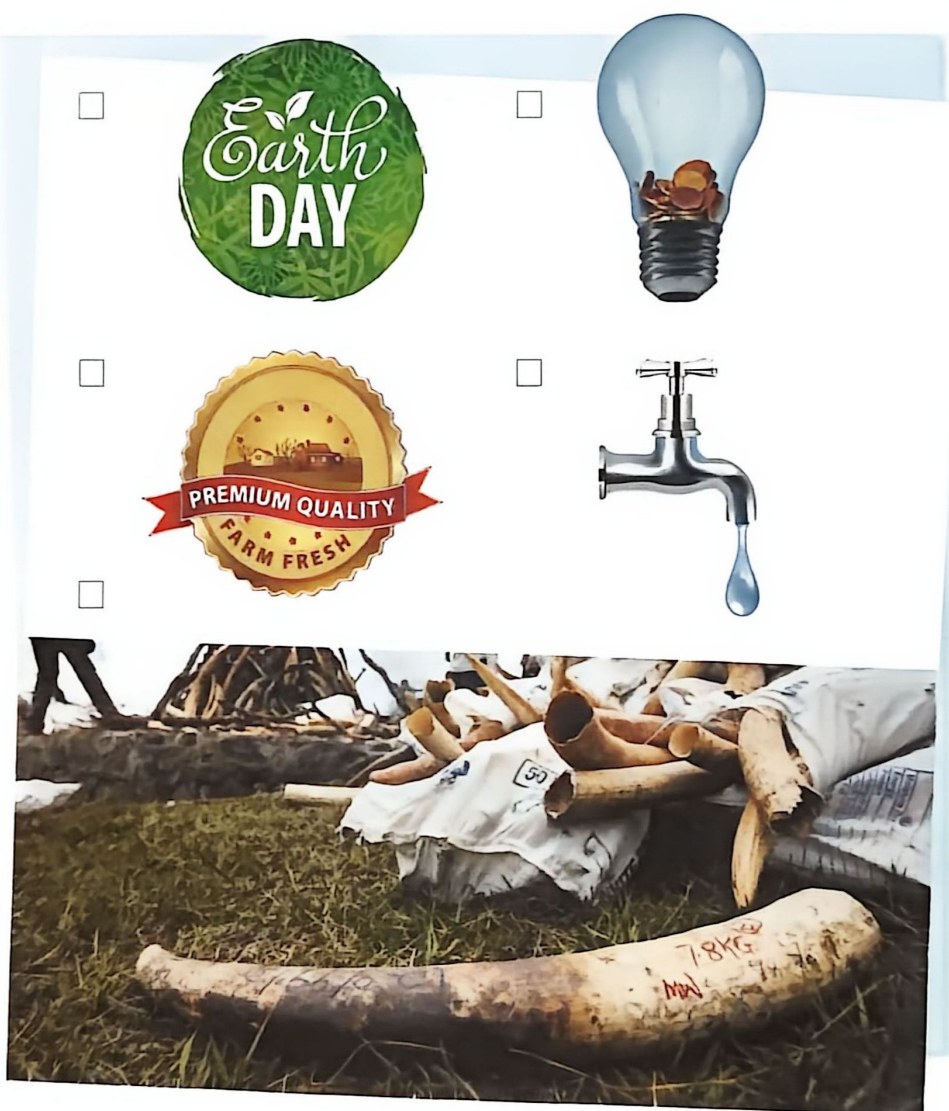


**3 Read and choose.** 阅读以下环保标语，为其选择合适的标志牌。

- ① Save energy, save money    ② Buy fresh, buy local    ③ Save water  
④ Keep our earth green    ⑤ When the buying stops, the killing can too

**Learning strategy**

生活中的英文宣传语随处可见。同学们如能多留意、多积累，就会在不知不觉中拓展自己的语言知识。



**4 Discuss and practise.** 小组合作，选择一个任务，设计相应的英文标志牌。

You are asked by the Student Union to design a signboard calling on students to...

save food

build a "Green Campus"



## 1 Listen and complete. 听一段讲话，填写通知。

Hello, everyone! May I have your attention, please? A refuse-sorting knowledge competition will be held by the Student Union next Friday. Sorting refuse is a good way to save resources. I hope everyone can join the competition. It is from 4 pm to 5 pm next Friday at the gym. Let's gather there on time. That's all, thank you!

### Notice

A \_\_\_\_\_ will be held as the theme activity of environmental protection. All students are welcome to take part.

Time: from \_\_\_\_\_ to 5 pm  
\_\_\_\_\_, 13 Nov

Place: \_\_\_\_\_

Student Union  
5 Nov

## 2 Work in groups. 小组活动。将下列表示垃圾的词语放入合适的“垃圾箱”。

waste paper  
paper boxes  
fruit stones

plastic bottles  
leftovers  
used rubbish bags

nutshells  
used batteries  
peel

newspapers  
vegetable roots  
expired medicine



## 3 Discuss and share. 讨论并分享你身边的垃圾分类情况。

yourself

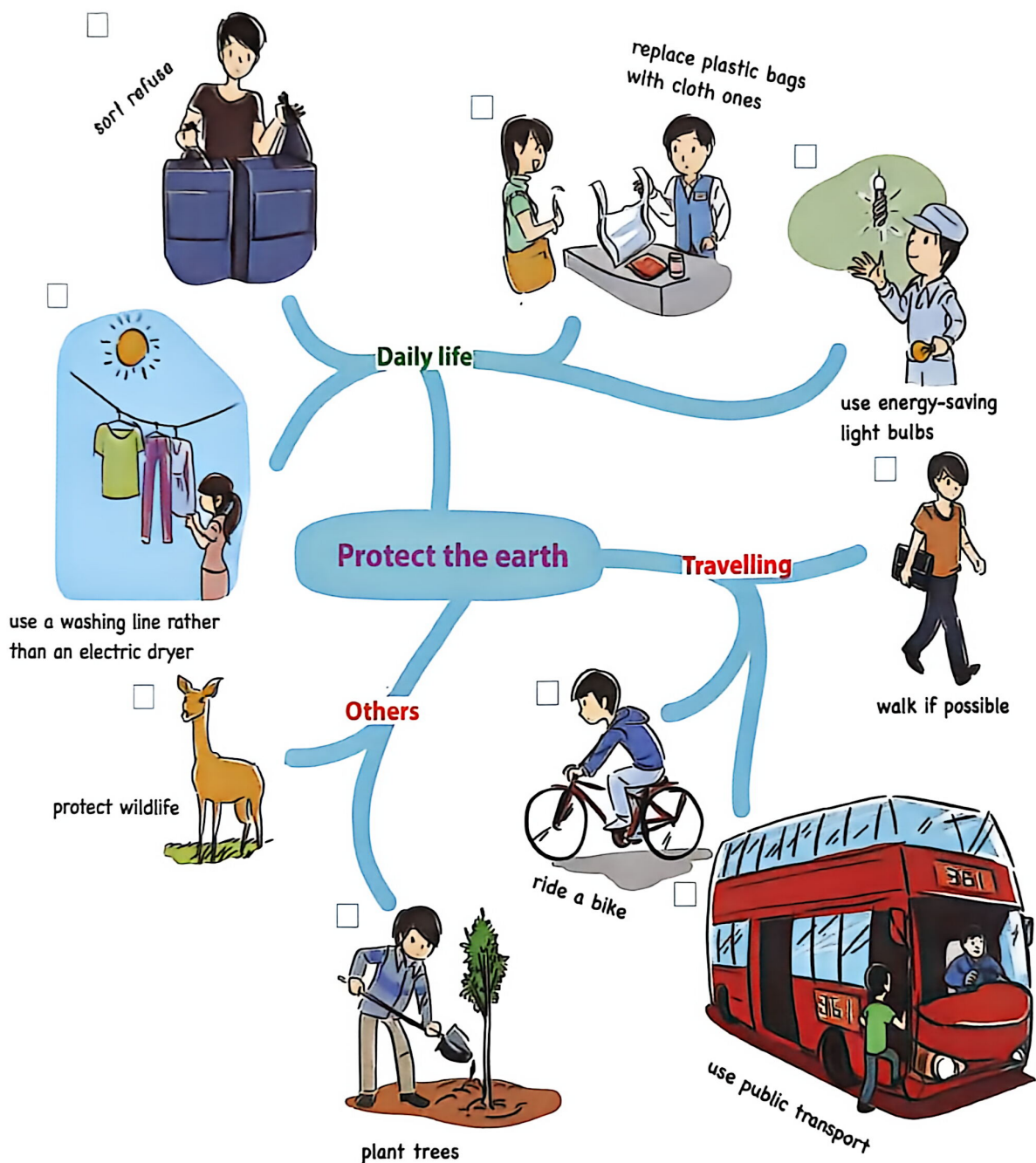
your family

your school

your community



#### 4 Read and choose. 看图，选出你常采取的环保举措。



#### 5 Discuss and list. 讨论并列举更多环保举措。

- Use both sides of paper.

- \_\_\_\_\_
- \_\_\_\_\_



1. Have you heard about Saihanba?
2. What can we learn from the story of Saihanba?

## The green miracle of Saihanba

Do you know Saihanba? Do you know what is special about it?

Saihanba is a world renowned name. It is located to the northeast of Beijing. Saihanba used to be a wasteland after the felling of trees, which brought Beijing a lot of sandstorms.



Hundreds of foresters embarked on tree planting in Saihanba in 1962. Three generations of foresters have been working hard there ever since.



After over five decades of effort, Saihanba has been transformed into a green paradise. The beautiful forest in Saihanba helps protect millions from air pollution, and preserve water. Moreover, it is now a famous scenic spot for tourists. In 2017, Saihanba afforestation community bagged the UN's top environmental award—Champions of the Earth.

From Saihanba's miracle, we learn that with courage and determination people can have a very positive impact on the environment.







## Fun Time

### Proverbs

- /ʊ/** Books and friends should be few but **good**.  
**/u:/** Aim for the **moon**. If you miss, you may hit a star.



## My Progress Check

### Words and expressions I have learnt in this unit:

- |  |                                      |                                     |                                      |
|--|--------------------------------------|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> energy          | <input type="checkbox"/> sort        | <input type="checkbox"/> refuse     | <input type="checkbox"/> takeaway    |
| <input type="checkbox"/> improve         | <input type="checkbox"/> sustainable | <input type="checkbox"/> electric   | <input type="checkbox"/> quality     |
| <input type="checkbox"/> statistics      | <input type="checkbox"/> reduce      | <input type="checkbox"/> express    | <input type="checkbox"/> package     |
| <input type="checkbox"/> recycle         | <input type="checkbox"/> convert     | <input type="checkbox"/> outdated   | <input type="checkbox"/> site        |
| <input type="checkbox"/> gain            | <input type="checkbox"/> gather      | <input type="checkbox"/> nutshell   | <input type="checkbox"/> rubbish     |
| <input type="checkbox"/> battery         | <input type="checkbox"/> turn off    | <input type="checkbox"/> call on    | <input type="checkbox"/> cut down    |
| <input type="checkbox"/> get involved in | <input type="checkbox"/> deal with   | <input type="checkbox"/> on average | <input type="checkbox"/> flea market |
- 

### Sentences I have learnt in this unit:

- Oh, that's really a waste of energy.
  - Every small action is of great help.
  - Scientists are working on new products all the time!
  - Everyone can do something to help protect the environment.
- 

### I can:

- ☐ describe environmentally friendly activities;
- ☐ talk about how to protect the earth;
- ☐ design a signboard.

### I can even:

- ☐ talk about sorting waste;
- ☐ design a poster about protecting the earth.